



Lunch Menu

(served after 11am)

Asparagus Quiche

fresh roasted asparagus, sautéed onions, fresh dill and goat cheese, served with a mini muffin and fresh fruit 9.99

Carnitas

slow roasted pulled pork in molé sauce over corn tortillas with jack cheese, lime crema, shredded lettuce and diced tomatoes 10.99

Sandwiches

items come with a fresh veggie cup, ranch dip and tortilla chips • add salsa .75

Spring Melt

natural turkey breast, sliced tomatoes, roasted asparagus and pepper jack cheese on griddled sunflower wheat bread 10.99

Thai Chicken Wrap

grilled chicken, shredded carrots, red onion, lettuce and Thai peanut sauce in a flour tortilla 9.99

Avocado Club Wrap

natural turkey, applewood smoked bacon, avocado, lettuce, tomato and mayonnaise 10.99

Chicken Salad Croissant

tender chicken salad with fresh dill and water chestnuts, topped with baby arugula 9.99

Chicken and Brie Quesadilla

melted together with pecans and cranberry chutney 9.99

Grilled Cheese

cheddar and provolone 7.99 • add tomato .75 • add bacon 2.49
• add carnita meat 2.99

Pesto Chicken Wrap

grilled chicken dressed with a basil, pine nut pesto and wrapped in a spinach tortilla with tomatoes, baby arugula and Monterey jack cheese 9.99

Fig, Gouda and Bacon

fig jam and smoked gouda cheese with thick-sliced applewood smoked bacon on griddled farm white bread 10.99

Soups & Salads

add grilled chicken 3.99 to any salad

Dressings: balsamic vinaigrette, pear vinaigrette, maple-malt vinaigrette, fig balsamic vinaigrette, buttermilk ranch fat free ranch & fat free Italian

Pear Salad


baby greens with red d'anjou pears, goat cheese, caramelized pecans and pear vinaigrette 9.99

Roasted Root Vegetable Salad

roasted beets, parsnips, carrots and red onions over mixed lettuces with crumbled feta and maple-malt vinaigrette 10.99

Soups

cup 3.49 / bowl 4.99

 potato leek garnished with chopped fresh chives (garnish with bacon and cheddar for 1.25 more)

• white chicken chili • tomato basil

Spinach and Maple Bacon Salad

caramelized bacon, sharp white cheddar, tomatoes and roasted pumpkin seeds over fresh spinach and mixed greens served with fig balsamic vinaigrette 10.99

Combo Plate

pick two items (one from each group) for 8.99

pick three items (one from each group) for 1.99 more

groups: cup of soup, small combo salad or half sandwich (sandwich options: grilled cheese or BLT)

premium half sandwich options for 1.00 more:

(avocado club wrap, chicken and brie quesadilla or Thai chicken wrap)



Spring Ice Cream Sandwich

a housemade treat of Madison's Raspberry nestled between made-from-scratch lemon cookies from Celia's Baking. Ordering this dessert supports 3 local businesses! 3.99



Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of food-borne illness.

